VLACHOGIANNI ANASTASIA

BIOLOGIST, MSc

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WORK AND LABORATORY EXPERIENCE

03/2025 – Hellenic Pasteur Institute – QC Department

Quality Control Analyst

06/2022 – 05/2024 "LIFECHECK" MEDICAL LABORATORIES –

Departments of Biopathology and Molecular Biology

Diagnosis & Results Evaluation | Laboratory Quality Manager (ISO 15189)

02/2022 – 05/2022 Athens General Hospital "EVANGELISMOS" - Department of

Immunology and Histocompatibility

Volunteer Work | Internship

11/2021 – 12/2021 Athens General Hospital "ELENA VENIZELOU" –

Biopathology Department

Volunteer Work | Internship

EDUCATION

2022 - 2025 MEDICAL SCHOOL, NATIONAL AND KAPODISTRIAN UNIVERSITY of ATHENS

Postgraduate Studies Program titled: "Medical Molecular Biopathology" Postgraduate Thesis in the Microbiology Laboratory titled: "Assessment of the direct influence of bacterial amino acids on leukocytes activation and functions"

2017 - 2021 **DEPARTMENT OF BIOLOGY, UNIVERSITY OF PATRAS**

VERY GOOD Score (7, 38)

Undergraduate Work in the field of Genetics, Cell and Developmental Biology, titled: "Comparative study of the biosynthesis of reserve lipids of the wild and an evolved strain of the yeast "*Yarrowia lipolytica*"

2014 - 2017 'THEOMITOR' PRIVATE SCHOOL – High School Diploma

EXCELLENT grade (19, 7)

SKILLS

LABORATORY TECHNIQUES

- Aseptic technique-Cell cultures: primary cells, cell lines, fungal and bacterial cultures
- Laboratory animals: collection of primary and secondary lymphoid organs from euthanized mice.
- Cell isolation: T and B lymphocytes | macrophage production from bone marrow | fungi and bacteria from human clinical specimens and cultures
- Cell functional assays: differentiation of CD4+ T cells into TH subpopulations, activation of cytotoxic CD8+ T cells, polarization of macrophages
- Multiparametric flow cytometry: sample staining and measurement | compensation application | data analysis (dot plots, histograms, gating, statistics)
- Molecular and other techniques: nucleic acid isolation, cDNA synthesis, PCR, real-time PCR, multiplex PCR, RT-PCR, PCR-SSP, PCR-SSOP, electrophoresis, NGS, Southern blot, Northern blot | Western blot, HPLC, ELISA, Immuno-electro-Chemiluminescence Nephelometry |
- **Microscopy**: use of optical, electronic, confocal and fluorescence microscopes in direct and/or fixed samples

COMPUTER KNOWLEDGE

Statistical analysis program GraphPad Prism, OriginLab | Flow cytometry data analysis software (Kaluza), qPCR | PowerPoint | Word Processing - Word, Spreadsheets - Excel | Literature Bases, Databases | Internet Services

FOREIGN LANGUAGES

- English C2, Cambridge English: Proficiency (CPE)
- French C2, Institut Français, DALF-Diplôme Approfondi de Langue Française
- Spanish B2, Instituto Cervantes, DELE-Diplomas de Español como Lengua Extranjera

ATTENDANCE OF SEMINARS AND CONFERENCES

- Annual Immunology Seminar 2020 "Natural Immunity: New Challenges, Modern Theories"
- 12th Panhellenic Conference of the Panhellenic Union of Bioscientists "Bioscientists in Health and Environmental Preservation", 2020
- 1st Panhellenic Online Conference of Medical Biopathology, 2020
- 11th Panhellenic Conference of Medical Biopathology, 2021
- Annual Immunology Seminar 2021 "Specific Immunity: Modern Approach to

Cellular and Molecular Mechanisms"

- 2nd Panhellenic Applied Laboratory Medicine Conference, 2022
- 11th Panhellenic Conference of Clinical Microbiology and Medicine Biopathology, 2023
- 3rd Panhellenic Online Conference of Medical Biopathology, 2024
- 12th Panhellenic Conference of Clinical Microbiology and Medical Biopathology, 2025 *Participation with Postgraduate Thesis'**Project Presentation*